

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LEGEND: TL = The Lounge - 2nd fl AS = Art Studio - 1st fl TG = The Gallery - 1st fl DL = Digital Lab - basement L = Library - 2nd fl P = Pool - 2nd fl G = Gym - basement T = The Road Theatre - 1st fl	NOVEMBER 2014	NOHO senior ARTS colony	engAGE Amanda Talbot creative programs director at.engage@gmail.com 818 623 8005 office hours Mon. Tue. Thur. 9am - 11am		1 8am - Experience Talks Radio show: tune into KPFK 90.7 FM 8.30am - ARRP Driving ED (TL) - pre-reg 818 985 2200 10am - Zumba Gold (TL) 3pm - Screen writing (L) 7pm - Movie Night (TL)	2 Clocks Go Back 7pm - Movie Night (TL)
3 10am - Let's Walk (TL) 11am - Parlez Vous (L) 12.30pm SIT & TONE is BACK (TL) 2pm - Computer 101 (DL) 7pm - 9pm Watercolor Class (AS)	4 - Election Day 9.30am - Tai Chi - (TL) 2pm - WEB Design (DL) 4pm - Ann's Card Table (L) *6pm -8pm NEW ART SHOW OPENING (TG) 7pm - Mindful Meditation (L) 8pm - Community Talk (TL)	5 10am - Let's Walk (TL) 11am - One Mo Time rehearsal (TL) 2pm *Wednesday Matinee (T) 7pm - Documentary Night	6 10.15am - Tai Chi (TL) 11.30am - Gentle Stretch (G) 2pm - Canasta (L) 7pm - PERFORMANCE - Marion Calhoun Sings (TL)	7 11am Poetry (L) 1pm - Resistance Bands (TL) 2pm - Creative Writing (L) 7pm - 9pm Memoir Writing Class	8 8am - Experience Talks Radio show: tune into KPFK 90.7 FM 10am - Zumba Gold (TL) Noon - Collage Construction (AS) 3pm - Screen writing (L) 7pm - Movie Night (TL)	9 7pm - Movie Night (TL)
10 10am - Let's Walk (TL) 11am - Parlez Vous (L) 12.30pm SIT & TONE is BACK (TL) 2pm - Computer 101 (DL) 3pm - Wellness Group (L)	11- Veteran's Day 9.30am - Tai Chi - (TL) 2pm - WEB Design (DL) 4pm - Ann's Card Table (L) 7pm - Mindful Meditation (L) 8pm - Community Talk (TL)	12 10am - Let's Walk (TL) 11am - One Mo Time rehearsal (TL) 11.15am Active Excursion: Field Trip - join Jack Witt as he takes you to the LA Central Market Downtown via the NoHo Metro 7pm - Documentary Night	13 10.15am - Tai Chi (TL) 11.30am - Gentle Stretch (G) 2pm - Canasta (L) 7pm - Drum Circle with Jazz Living Legend Clarence Johnston (TL)	14 11am Poetry (L) 1pm - Resistance Bands (TL) 2pm - Creative Writing (L) 7pm - Games & Chit Chat (TL) 7pm -Celebrate November Birthday Babes at NoHoSAC	15 8am - Experience Talks Radio show: tune into KPFK 90.7 FM 10am - Zumba Gold (TL) Noon - Collage Construction (AS) 2pm -PERFORMANCE - Zoe Carpenter entertains. 3pm - Screen writing (L) 7pm - Movie Night (TL)	16 7pm - Movie Night (L)
17 10am - Let's Walk (TL) 11am - Parlez Vous (L) 12.30pm SIT & TONE is BACK (TL) 2pm - Computer 101 (DL) 3pm - Wellness Group (L) 7pm - 9pm Watercolor Class (AS)	18 9.30am - Tai Chi - (TL) 2pm - WEB Design (DL) 4pm - Ann's Card Table (L) 7pm - Mindful Meditation (L) 8pm - Community Talk (TL)	19 10am - Let's Walk (TL) 11am - One Mo Time rehearsal (TL) 2pm *Wednesday Matinee (T) 7pm - Documentary Night	20 10.15am - Tai Chi (TL) 11.30am - Gentle Stretch (G) 2pm - Book Club - 'Mother is Night' by Kurt Vonnegut (L) 7pm- 9pm - EngAGE's 2nd Birthday Party at NoHoSAC Live music by Beatles Tribute band Sargent Peppers	21 11am Poetry (L) 1pm - Resistance Bands (TL) 2pm - Creative Writing (L) 7pm - Games & Chit Chat (TL)	22 8am - Experience Talks Radio show: tune into KPFK 90.7 FM 10am - Zumba Gold (TL) Noon - Collage Construction (AS) 3pm - Screen writing (L) 7pm - Movie Night (TL)	23 7pm - Movie Night (TL)
24 10am - Let's Walk (TL) 11am - Parlez Vous (L) 12.30pm SIT & TONE is BACK (TL) 2pm - Computer 101 (DL)	25 9.30am - Tai Chi - (TL) 2pm - WEB Design (DL) 4pm - Ann's Card Table (L) 7pm - Mindful Meditation (L) 8pm - Community Talk (TL)	26 10am - Let's Walk (TL) 11am - One Mo Time rehearsal (TL) 7pm - Documentary Night	27 - Thanks Giving	28 Black Friday 11am Poetry (L) 1pm - Resistance Bands (TL) 2pm - Creative Writing (L) 7pm - Games & Chit Chat (TL)	29 8am - Experience Talks Radio show: tune into KPFK 90.7 FM 10am - Zumba Gold (TL) Noon - Collage Construction (AS) 3pm - Screen writing (L) 7pm - Movie Night (TL)	30 7pm - Movie Night (TL)