
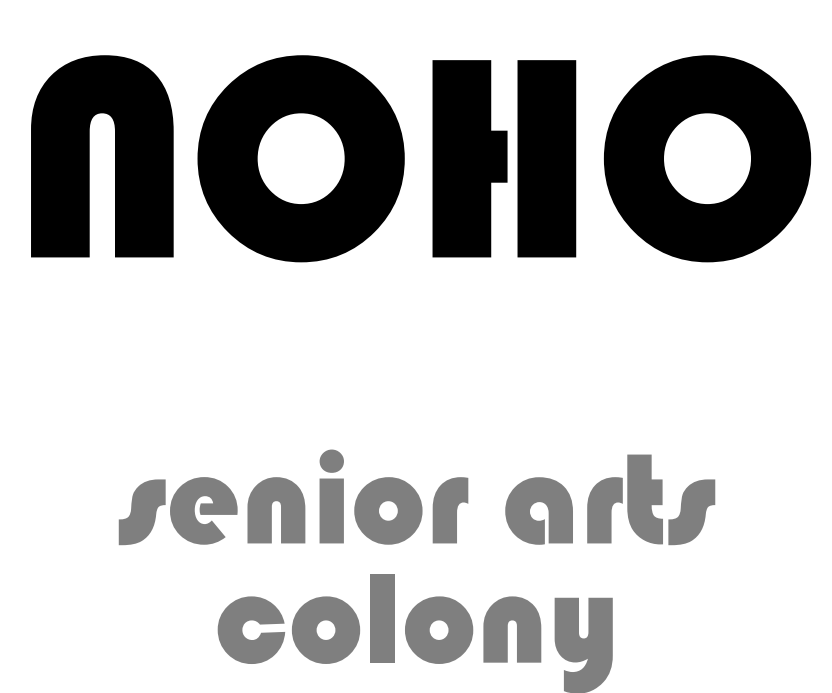



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1 - HAPPY LABOR DAY</b> 10am - Let's Walk & Go For Gold Training (TL)	<b>2</b> 9.30am- Tai Chi (TL) 2pm - *NEW 12 week Graphic Design Class - (DL) 4pm - Ann's Card Table (L) 7pm - Mindful Meditation (L) 8.30pm Community Talk (TL)	<b>3</b> 10am - Let's walk (TL) - 1.30 pm - Matinee (T) 3pm - Canasta - (L) 7pm - Movie Night (TL)	<b>4 - Teacher's Day</b> 10.15am Tai Chi (TL) 11.30am - Gentle Stretch (G)	<b>5</b> 11am - Poetry Class (L) 12.30pm - Aqua Aerobics (P) 2pm - FreeWrite Creative Writing Class - (L) 3pm - Resistance Bands Class - Core Strength Training (TL) 7pm - Play Games & Chit Chat (TL)	<b>6</b> 8am - Experience Talks Radio 8.30am - 4.30pm ARRP Driver Safety Course. MUST RSVP with leasing office to attend. 10am - Zumba Gold - (TL) Noon -Collage Construction(AS) 3pm - Screen Writing Class 7pm Movie Night (L)
<b>7 - Grandparents Day</b> 7pm Movie Nite - (TL)	<b>8</b> 10am - Let's Walk & Go For Gold Training (TL) 12.30pm - Aqua Aerobics (P) 2pm - Computer 101 - (DL) 3pm - Navigating Change - last workshop in series- (TL) 7pm - 9pm NEW WATER COLOR class (bi monthly) (AS)	<b>9</b> 9.30am- Tai Chi (TL) 2pm -Graphic Design Class - (DL) 4pm - Ann's Card Table (L) 7pm - Mindful Meditation (L) 8.30pm Community Talk (TL)	<b>10</b> 10am - Let's walk (TL) 11am - 2pm Nutrition Ed Field Trip - meet Jack Witt outside The Lounge 3pm - Canasta - (L) 7pm - Movie Night (TL)	<b>11- Patriot Day</b> 10.15am Tai Chi (TL) 11.30am - Gentle Stretch (G) 2PM - *Live recording of Experience Talks radio show with Tim Carpenter. Interview with author Beth Baker - "With a Little Help from our Friends- Creating Community as we Grow Older" - (TL) 7pm - Drum Circle with Clarence Johnston	<b>12</b> 11am - Poetry Class (L) 12.30pm - Aqua Aerobics (P) 2pm Freewrite Class Creative Writing (L) 3pm - Resistance Bands Class - Core Strength Training (TL) 7pm - Play Games & Chit Chat (TL)	<b>13</b> 8am - Experience Talks Radio tune into KPFK 90.7 & 98.7FM 10am - Zumba Gold - (TL) 10.30am - *NEW 8 week iMovie Editing Class (DL) Noon - Collage Construction (AS) 3pm - Screen Writing Class (L) 7pm Movie Night (L)
<b>14</b> 7pm Movie Nite - (TL)	<b>15</b> 10am - Let's Walk - peer led (TL) 11am - Parlez Vous - Conversational FRENCH (L) 12.30pm - Aqua Aerobics (P) 2pm - Computer 101 - (DL)	<b>16 - Stepfamily Day</b> 9.30am - Tai Chi (TL) 2pm -Graphic Design Class - (DL) 4pm - Ann's Card Table (L) 6pm - 8pm *NEW ART SHOW by resident Caroline McElroy & Jan Edward Vogels 7pm - Mindful Meditation (L) 8.30pm Community Talk (TL)	<b>17 - Constitution Day</b> 10am - Let's walk (TL) - 3pm - Canasta - (L) 7pm - Movie Night (TL)	<b>18 - International Peace Day</b> 10.15am Tai Chi (TL) 11.30am - Gentle Stretch (G) 2pm Screening The Jones (TL) 4pm Q & A with The Producer of The Joneses (TL)	<b>19 - POW/MIA Recognition Day</b> 11am - Poetry Class (L) 12.30pm - Aqua Aerobics (P) 7pm - Celebrate September Birthday Folk (TL)	<b>20</b> 8am -Experience Talks Radio tune into KPFK 90.7 & 98.7FM 10am - Zumba Gold - (TL) 10.30 - 8 week iMovie Editing Class (DL) Noon CollageConstruction (AS) 3pm - Screen Writing Class (L) 7pm Movie Night (L)
<b>21</b> 7pm Movie Nite - (TL)	<b>22</b> 10am - Let's Walk - peer led (TL) 11am - Parlez Vous - Conversational FRENCH (L) 12.30pm - Aqua Aerobics (P) 2pm - Computer 101 - (DL) 7pm - 9pm WATER COLOR class (bi monthly) (AS)	<b>23 - Good Neighbor Day</b> 9.30am - Tai Chi (TL) 2pm -Graphic Design Class - (DL) 4pm - Ann's Card Table (L) 7pm - Mindful Meditation (L) 8.30pm Community Talk (TL)	<b>24</b> 10am - Let's walk (TL) - 3pm - Canasta - (L) 7pm - Movie Night (TL)	<b>25 - One Hit Wonder Day</b> 10.15am Tai Chi (TL) 11.30am - Gentle Stretch (G) 7pm - NoHoSAC September Pot Luck - Live music TBA.	<b>26 - Native American Indian Day</b> 11am - Poetry Class (L) Express your feelings and ideas through the medium of Poetry. 12.30pm - Aqua Aerobics (P) 7pm - Play Games & Chit Chat (TL)	<b>27 - SENIOR OLYMPICS</b> at Cerritos Park 8am -Experience Talks Radio tune into KPFK 90.7 & 98.7FM 10am - Zumba Gold - (TL) 10.30 - 8 week iMovie Editing Class (DL) Noon CollageConstruction (AS) 3pm - Screen Writing Class (L) 7pm Movie Night (L)
<b>28</b> 4pm - PERFORMANCE - <i>The Joy of Music</i> - classical trio group 7pm Movie Nite - (TL)	<b>29</b> 10am - Let's Walk & Train Jack Witt (TL) 11am - Parlez Vous - Conversational FRENCH (L) 12.30pm - Aqua Aerobics (P) 2pm - Computer 101 - (DL)	<b>30</b> 9.30am - Tai Chi (TL) 2pm -Graphic Design Class - (DL) 4pm - Ann's Card Table (L) 7pm - Mindful Meditation (L) 8.30pm Community Talk (TL)		<b>SEPTEMBER 2014</b>	<b>EngAGE Arts Programs</b> Amanda Talbot <a href="mailto:at.engage@gmail.com">at.engage@gmail.com</a> 818 623 8005  <b>Office Hours</b> Monday, Tuesday & Thursday 9am ~ 11am	<b>LEGEND</b> TL = The Lounge - 2nd fl L = Library - 2nd fl P = Pool - 2nd fl G = Gym - Basement T = The Road Theatre - 1st fl AS = Art Studio - 1st fl TG= The Gallery- 1st fl DL = Digital Lab - Basement