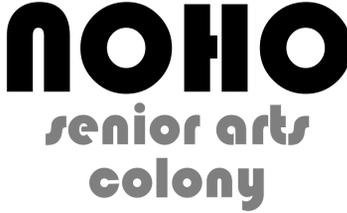


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 7pm Movie Nite - (TL)	LEGEND TL = The Lounge - 2nd fl L = Library - 2nd fl P = Pool - 2nd fl G = Gym - Basement T = The Road Theatre - 1st fl AS = Art Studio - 1st fl TG= The Gallery- 1st fl DL = Digital Lab - Basement		AUGUST 2014	Arts Program Manager Amanda Talbot at.engage@gmail.com 818 623 8005  Office Hours Monday, Tuesday & Thursday 9am ~ 11am	1 11am - Poetry Class (L) 1pm - Resistance Bands Class - Core Strength Training (TL) 2pm - FreeWrite Creative Writing Class - (L) 7pm - Play Games & Chit Chat (TL) 8pm - The Road's New Playwright Festival - (T)	2 8am - Experience Talks Radio 10am - Zumba Gold - (TL) Noon - Collage Construction(AS) 2pm - The Road's New Playwright Festival - (T) 3pm - Screen Writing Class 7pm Movie Night (L) 8pm -The Road's New Playwright Festival - (T)
3 2pm The Road Playwright Festival performance- (T) 7pm Movie Nite - (TL)	4 10am - Let's Walk & Go For Gold Training (TL) NOON - Aqua Aerobics (P) 2pm - Computer 101 - (DL)	5 9.30am- Tai Chi (TL) 4pm - Ann's Card Table (L) 7pm - Mindful Meditation (L) 8.30pm Community Talk (TL)	6 10am - Let's walk (TL) - 3pm - Canasta - (L) 7pm - Movie Night (TL)	7 10.15am Tai Chi (TL) 11.30am - Gentle Stretch (G) 7 - 9pm - Rubber Block Printmaking Workshop (AS)	8 11am - Poetry Class (L) 1pm - Resistance Bands Class - Core Strength Training (TL) 2pm Freewrite Class Creative Writing (L) 7pm - Play Games & Chit Chat (TL)	9 8am - Experience Talks Radio tune into KPFK 90.7 & 98.7FM 10am - Zumba Gold - (TL) Noon - Collage Construction (AS) 3pm - Screen Writing Class (L) 7pm Movie Night (L)
10 5pm Performance: Alvin Soriaga Sings - (TL) 7pm Movie Nite - (TL)	11 10am - Let's Walk & Go For Gold Training (TL) 11am - Parlez Vous - Conversational FRENCH (L) NOON - Aqua Aerobics (P) 2pm - Computer 101 - (DL) 3pm - Navigating Change - NEW 4 weeks only group - (TL)	12 9.30am - Tai Chi (TL) 4pm - Ann's Card Table (L) 7pm - Mindful Meditation (L) 8.30pm Community Talk (TL)	13 10am - Let's walk (TL) - 3pm - Canasta - (L) 7pm - Movie Night (TL)	14 10.15am Tai Chi (TL) 11.30am - Gentle Stretch (G) 7pm - Drum Circle with Clarence Johnston - join living Jazz Legend Clarence Johnston and play some beats.	15 11am - Poetry Class (L) 1pm - Resistance Bands Class - Core Strength Training (TL) 2pm - Freewrite Class Creative Writing (L) 7pm - Celebrate August Birthday Folk (TL)	16 8am -Experience Talks Radio tune into KPFK 90.7 & 98.7FM 10am - Zumba Gold - (TL) Noon CollageConstruction (AS) 3pm - Screen Writing Class (L) 7pm Movie Night (L)
17 11am - Active Excursion - Descanco Gardens - carpool over and meet Jack Witt at Descanco Gardens for walking tour. 5pm Performance: Singer - Songwriter Noël Hamilton - (TL) 7pm Movie Nite - (TL)	18 10am - Let's Walk & Go For Gold Training (TL) 11am - Parlez Vous - Conversational FRENCH (L) NOON - Aqua Aerobics (P) 2pm - Computer 101 - (DL) 3pm - Navigating Change - NEW 4 weeks only group - (TL)	19 9.30am - Tai Chi (TL) 4pm - Ann's Card Table (L) 7pm - Mindful Meditation (L) 8.30pm Community Talk (TL)	20 10am - Let's walk (TL) - 3pm - Canasta - (L) 7pm - Movie Night (TL)	21 10.15am Tai Chi (TL) 11.30am - Gentle Stretch (G) 3pm - MONTHLY Book Club ~ <i>Monster's Chef by Jervey Tervalon</i> - the author will also be joining the group for a Q & A.	22 11am - Poetry Class (L) Express your feelings and ideas through the medium of Poetry. 1pm - Resistance Bands Class - Core Strength Training (TL) 2pm - Freewrite Class Creative Writing (L) 7pm - Play Games & Chit Chat (TL)	23 8am -Experience Talks Radio tune into KPFK 90.7 & 98.7FM 10am - Zumba Gold - (TL) Noon CollageConstruction (AS) 3pm - Screen Writing Class (L) 7pm Movie Night (L)
24 7pm Movie Nite - (TL)	25 10am - Let's Walk & Go For Gold Training (TL) 11am - Parlez Vous - Conversational FRENCH (L) NOON - Aqua Aerobics (P) 2pm - Computer 101 - (DL) 3pm - Navigating Change - NEW 4 weeks only group - (TL)	26 9.30am - Tai Chi (TL) 4pm - Ann's Card Table (L) 7pm - Mindful Meditation (L) 8.30pm Community Talk (TL)	27 10am - Let's walk (TL) 2pm - LAPD Senior Lead Police NoHo Community Officer - John Catalano speaks at NoHoSAC (TL) 3pm - Canasta - (L) 7pm - Movie Night (TL)	28 10.15am Tai Chi (TL) 11.30am - Gentle Stretch (G) 7pm - Rock n' Roll Pot Luck-with Live music by Jimmy Angel - (TL)	29 11am - Poetry Class (L) Express your feelings and ideas through the medium of Poetry. 1pm - Resistance Bands Class - Core Strength Training (TL) 2pm - Freewrite Class Creative Writing (L) 7pm - Play Games & Chit Chat (TL)	30 8am -Experience Talks Radio tune into KPFK 90.7 & 98.7FM 10am - Zumba Gold - (L) Noon CollageConstruction (AS) 3pm - Screen Writing Class (L) 7pm Movie Night (L)