


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>MAY</b></p> <p>2 0 1 3</p>	 <p><b>ARTS PROGRAMS MANAGER</b></p> <p>Amanda Talbot  <a href="mailto:at.engage@gmail.com">at.engage@gmail.com</a>            818 623 8005</p>	<p><b>LEGEND</b></p> <p>C = Community Room            L = Library            P = Pool            G = Gym            T = The Road Theatre            AS = Art Studio            TL = Theatre Lobby            DL = Digital Lab</p> <p>2nd fl            2nd fl            basement            1st fl            1st fl            1st fl            basement</p>	<p>1</p> <p><b>11am</b> - Anti Aging Exercise (G)            Get fit with a personalized fitness program exclusively deigned around the NoHoSAC gym.  <b>2pm</b> - Creative Writing w/shop (L)  <b>7pm</b> - Movie Nite (L)</p>	<p>2</p> <p><b>10am</b> - Lets walk (C)  <b>11am</b> - Gentle Yoga (G)            Benefits include better posture, flexibility &amp; greater stamina.  <b>1pm</b> - ComputerClass (DL)  <b>3pm</b> - Art Class (AS)            rescheduled only for this week</p>	<p>3</p> <p><b>11am</b> Poetry Class (L)            Express your feelings and ideas through the medium of Poetry.  <b>6.30pm</b> What's on in NoHo (C)</p>	<p>4</p> <p><b>7pm</b> Movie Night (L)</p>
<p>5</p> <p><b>7pm</b> Movie Nite - (C)</p>	<p>6</p> <p><b>10am</b> - Lets walk (C)            Limber-up, stretch out then walk the neighborhood, get fit with friends and neighbors.  <b>8pm</b> The Road's Play Reading Series and Class (T)</p>	<p>7</p> <p><b>11am</b> - ZUMBA (C)  <b>2pm</b> - The Art of Seeing - Art Class (AS) - Seeing, designing, drawing, creating.  <b>7pm</b> - Mindful Meditation (L)            Unwind, relax &amp; clear the inner chaos.</p>	<p>8</p> <p><b>11am</b> - Anti Aging Exercise (G)            Get fit with a personalized fitness program exclusively deigned around the NoHoSAC gym.  <b>2pm</b> - Creative Writing w/shop (L)  <b>7pm</b> - Movie Nite (L)</p>	<p>9</p> <p><b>10am</b> - Lets walk (C)  <b>11am</b> - Gentle Yoga (G)  <b>1pm</b> - ComputerClass (DL)  <b>7pm</b> - Drum Circle (C)            Jam with legendary Jazz Drummer Clarence Johnston. Release your beats.</p>	<p>10</p> <p><b>11am</b> - Poetry Class (L)            Express your feelings and ideas through the medium of Poetry.  <b>6.00pm to 8pm - Art Show Opening</b> - Photography Exhibit in the Gallery</p>	<p>11</p> <p><b>7pm</b> Movie Night (L)</p>
<p>12</p> <p><b>7pm</b> Movie Nite - (C)</p>	<p>13</p> <p><b>10am</b> - Lets walk (C)  <b>2pm</b> - <b>NEW</b> - Dr. Charlene Thorburn series (L) - <i>How to Prevent Lower Back Pain &amp; Have a Stronger Back</i>  <b>8pm</b> The Road's Play Reading Series and Class (T)</p>	<p>14</p> <p><b>11am</b> - ZUMBA (C)  <b>2pm</b> - The Art of Seeing - Art Class (AS) - Seeing, designing, drawing, creating.  <b>7pm</b> - Mindful Meditation (L)</p>	<p>15</p> <p><b>11am</b> - Anti Aging Exercise (G)            Get fit with a personalized fitness program exclusively deigned around the NoHoSAC gym.  <b>2pm</b> - Creative Writing w/shop (L)  <b>7pm</b> - Movie Nite (L)</p>	<p>16</p> <p><b>10am</b> - Lets walk (C)  <b>11am</b> - Gentle Yoga (G)            Benefits include better posture, flexibility &amp; greater stamina.            1pm ComputerClass (DL)</p>	<p>17</p> <p><b>11am</b> - Poetry Class (L)            Express your feelings and ideas through the medium of Poetry.  <b>THE ROAD Grand Opening Time TBA</b></p>	<p>18</p> <p><b>7pm</b> Movie Night (L)</p>
<p>19</p> <p><b>7pm</b> Movie Nite - (C)</p>	<p>20</p> <p><b>10am</b> - Lets walk (C)            Limber-up, stretch out then walk the neighborhood, get fit with friends and neighbors.  <b>8pm</b> The Road's Play Reading Series and Class (T)</p>	<p>21</p> <p><b>11am</b> - ZUMBA (C)  <b>2pm</b> - The Art of Seeing - Art Class (AS) - Seeing, designing, drawing, creating.  <b>7pm</b> - Mindful Meditation (L)            Unwind, relax &amp; clear the inner chaos.</p>	<p>22</p> <p><b>11am</b> - Anti Aging Exercise (G)            Get fit with a personalized fitness program exclusively deigned around the NoHoSAC gym.  <b>7pm</b> - Movie Nite (L)</p>	<p>23</p> <p><b>10am</b> - Lets walk (C)  <b>11am</b> - Gentle Yoga (G)  <b>1pm</b> - ComputerClass (DL)  <b>7pm</b> - Drum Circle (C)            Jam with legendary Jazz Drummer Clarence Johnston. Release your beats.</p>	<p>24</p> <p><b>11am</b> Poetry Class (L)            Express your feelings and ideas through the medium of Poetry.  <b>6.30pm</b> What's on in NoHo (C)</p>	<p>25</p> <p><b>7pm</b> Movie Night (L)</p>
<p>26</p> <p><b>7pm</b> Movie Nite - (C)</p>	<p>27</p> <p><b>10am</b> - Lets walk (C)            Limber-up, stretch out then walk the neighborhood, get fit with friends and neighbors.  <b>8pm</b> The Road's Play Reading Series and Class (T)</p>	<p>28</p> <p><b>11am</b> - ZUMBA (C)  <b>2pm</b> - The Art of Seeing - Art Class (AS) - Seeing, designing, drawing, creating.  <b>7pm</b> - Mindful Meditation (L)            Unwind, relax &amp; clear the inner chaos.</p>	<p>29</p> <p><b>11am</b> - Anti Aging Exercise (G)            Get fit with a personalized fitness program exclusively deigned around the NoHoSAC gym.  <b>7pm</b> - Movie Nite (L)</p>	<p>30</p> <p><b>10am</b> - Lets walk (C)  <b>11am</b> - Gentle Yoga (G)  <b>1pm</b> - ComputerClass (DL)  <b>7pm</b>- Swinging 1940's PotLuck</p>	<p>31</p> <p><b>11am</b> Poetry Class (L)            Express your feelings and ideas through the medium of Poetry.  <b>6.30pm</b> What's on in NoHo (C)</p>	